**Patient Name:** SOTO, BLANCA

**Date of Birth:** 08/17/1960

**Date of Service:** 03/28/2022

**History of Present Illness:**  
 The patient is here today for orthopedic follow-up evaluation. Incision was clean and healed well.

The patient complains of right knee pain that is 1/10, with 10 being the worst.

**Past Medical History:**  
Asthma, arthritis, difficulty swallowing, vomiting blood, stomach ulcers, thyroid disease.

**Past Surgical History:**  
Thyroid surgery, varicose surgery, right knee meniscus surgery on 03/11/2022.

**Past Accident/Injuries:**

**Daily Medications:**  
Lanzoprazole and Tylenol.

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal. **Gait and Station:** Gait is normal

**Right Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion Flexion 130 degrees (150 degrees normal ) Extension 0 degrees (0 degrees normal )

**Diagnostic Imaging:**  
10/13/2021: MRI of the right knee reveals oblique tear of the body of the medial meniscus contacting the superior surface and an oblique tear of the posterior horn of the medial meniscus contacting the inferior surface. Small knee joint effusion is present.

**Assessment and Plan:**  
Diagnosis: Status post menisectomy.  
Plan: Recommend to continue with PT.

The patient’s Right Knee was examined   
MRI of the Right Knee was reviewed.   
Patient is to return to the office p.r.n.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**